



# YORK STREET PROJECT

## Food for the Soul

Many of the women and children who come to us suffer from a hunger that is physical, as well as spiritual and emotional. Not knowing where their next meal is coming from prior to finding York Street, and in an attempt to fill a void that is deep within them, many of our women gain up to 15 pounds when they first move in.

As such, nutritious and ample amounts of food are cornerstones of our programs. The refrigerators and cupboards are stocked for the women and children who live with us in our 18-month transitional housing facility and each family prepares dinner for her floor mates one night a week; we feed the children in our child development center a nutritious breakfast, lunch, and two snacks a day, five days a week; and, the working women who live in our St. Mary's Residence are served breakfast and dinner daily.

Because our families' fundamental needs are so great, donations of food enable us to direct our limited resources to their care and support. Throughout the year, these gifts ensure we can continue to shelter, feed, educate, counsel, and promote the healing and independence of the women and children who walk through our doors.

If you are unable to get to the store to purchase a specific item listed -- and prefer not to give a financial donation which is always a great need to meet our \$4.5 million program budget to run our four programs -- **store gift certificates** to stores such as Shop-Rite, A&P, Pathmark, and BJ's, enable us to purchase perishable items such as meat and fresh produce as they are needed.

*Deliveries can be made Monday through Friday between 9:30 am and 4:00 pm.  
Please call Yolisse in the Development Office at (201) 451-8225 to arrange a drop-off.  
Due to Health Regulations, All Items Must Be New  
We are unable to accept any used clothing, toys, or furniture at this time.*

**Our Thanksgiving celebrations at St. Joseph's Home are conducted on each of the four floors of our Home. Our families will coordinate meals with their floor mates utilizing the following non-perishable ingredients:**

- |                         |  |
|-------------------------|--|
| <u>8 Cans of Each:</u>  | Turkey gravy — 16 jars                   |
| Jellied Cranberry Sauce | Elbow macaroni — 12 boxes                |
| Canned yams             | Stove Top (turkey or chicken) — 16 boxes |
| Corned beef (not hash)  | Cornbread Mix—12 boxes                   |
| Canned green beans      | Egg Nog—8 quarts                         |
| Canned green peas       | Juice Boxes (100%, for small children)   |
| Canned fruit            |  |

Rubbermaid Containers with lids (all sizes) Pies (4 apple, 4 sweet potato, etc.)

Any and all non-perishable items are needed throughout the year. For a list of other items needed for use within our programs, please see the back or visit our website for seasonal needs.

**Thank you for helping our women and children celebrate in gratitude for the blessings made possible by friends like you.**

**We are :**

Kenmare High School | St. Mary's Residence | The Nurturing Place | St. Joseph's Home

**Working together since 1989 to help women and children break the cycle of poverty**



### ***Household Items***

Blenders  
Toasters  
Individual eating utensils (forks, teaspoons)  
Cooking Utensils (spatulas, peelers, wooden spoons, manual can openers)  
Knives (carving and steak)  
Plastic containers with lids (for leftovers)  
Plastic Pitchers with Lids (1 qt. & 2 qt.)  
Dish towels/Dishcloths  
Towels/Washcloths  
Twin Sheets (children and adults)  
Twin comforters (solid colors)

### ***Medical Supplies***

Adult: Motrin, Tylenol, Benadryl, Sudafed  
Children: Advil, Sudafed Tablets, Tylenol, Benadryl, Motrin  
Non-alcohol cough medicine for adults and children  
Neosporin ointment  
Non-mercury digital thermometers  
Band-Aids  
Ice packs (instant)  
Facial Soap

### ***Baby Items***

Diapers 5 & 6, Pull-Ups 2T, 3T, 5T  
Pampers Baby Wipes (rectangular containers or re-fills)  
A + D Ointment  
Pacifiers & Pacifier Holders  
Rattles & Teethers  
Board & Cloth Books for Infants/Toddlers  
8 oz. Baby Bottles (& Nipples)  
Spoons and Forks (baby & toddler size)  
Playtex No-Spill Sippy Cups (9 oz.)  
Bibsters Bibs  
XL Cloth Bibs  
Toddler Safety/Wrist Walking Straps  
Baby Receiving Blankets  
Crib Sheets (for portable cribs)  
Baby Products (shampoo, lotion, powder, baby oil, baby bath)  
Petroleum Jelly  
Q-Tips  
Tissues

### ***Food Supplies***

Paper napkins  
Paper towels  
Ziploc Bags (all sizes)  
3 oz., 5 oz., 7 oz., paper or plastic cups  
Large and Small Paper Plates  
Plastic Utensils  
Collapse-able Cooler Bags (XL)  
Rubbermaid Containers with lids (all sizes)

### ***Foods/Snacks***

Juice Boxes and Fruit Juice (100%)  
Bottled Water (personal size)  
Gerber Baby Food (All Stages)  
Snacks: Raisins, Biter Biscuits, Bread Sticks, Fruit Snacks, Veggie Crackers, Cookies (Gerber Graduate, Chocolate Chip, and Oreos), Ritz Bits (Mini Size)

### ***Cleaning Supplies***

Spray Bottles  
Laundry and Dish Detergent  
Mesh Laundry Bags (large)  
Bleach  
Fabric Softener Sheets  
Clorox Clean-Up (Spray Bottle and Wipes)  
Lysol (Spray, Cleaning Fluid & Wipes)  
Air Fresheners (spray and plug-ins)  
Liquid Hand Soap  
Hand Sanitizer (personal and pump size)  
Kitchen Garbage Bags  
Toilet Paper

### ***Arts & Crafts/Classroom Supplies***

Photo Paper (3 x 5, 4 x 6)  
CVS gift cards for photo developing  
Small Photo Albums  
Batteries (all sizes)  
Popsicle Sticks/Craft Sticks  
Velcro Strips / Magnetic Strips  
Dry Beans  
Clear Karo Syrup  
Corn Starch  
Play-dough  
Assorted Stickers  
Washable Markers  
Glue  
Crayola Paint (all colors, washable)  
Foam Paint  
Finger Paints & Paper  
White Easel Paper & Butcher Paper  
Colored Paper  
Office Supplies (copy paper, pads, pens, tape, staples...)  
Manila/Colored File Folders & Sheet Protectors  
Pocket Folders  
Name Labels/Mailing Address Labels  
Dry Erase Markers  
Teacher Markers (king size, all colors)  
Masking Tape (regular & blue painters tape)  
Large Fiskar Scissors (Adult size)  
3-hole hole punchers  
3 ring binders (all sizes)  
Clear Contact Paper (large rolls)  
Children's birthday wrapping paper & bows  
Party Decorations